MOST NEEDED ITEMS

PROTEIN
- Peanut Butter
- Canned fish
- Meat
- Beans

FRUITS AND VEGETABLES
- Canned fruits
- Vegetables
- Soup
- Fruit juice

SOUPS
- Canned Soups

GRAINS
- Pasta
- Rice
- Oatmeal
- Nuts
- Granola/protein bars

If you have any questions, contact Samantha Fox at (225)359-9940 or email samantha@brfoodbank.org.